

SUPER GOURMET'S Provision Service



This personal shopping program is open to yachts, jets, hotel, hotel guests and private residences. Let us save you time by shopping for you. We have over 16 years experience in the food industry in Panama and our sister location in Panama City helps us locate your special requests. We offer our customers the freshest, most flavorful, highest quality natural and organic products available.



- Secure easy payment options
- Complimentary full service shopping
- Complete packaging of your order and temperature appropriate storage until pick-up or delivery

Our goal is to have everything you need for your trip or home. So if you don't see what you are looking for, just ask.

To place a provisioning order, please contact via email or WhatsApp

- ✉ supergourmetbocas@gmail.com
- ☎ +507 6671-5347

Super Gourmet Bocas,
End of Main Street next to Hotel Palma Royale

Hours: Monday – Saturday 9:00am-7:00pm,
closed Sundays

Super Gourmet requires a 24 hour notice to fulfill your order & up to one week for specialty items.



FROM THE DELI

Deli Cheese by the lb or kg

- Cheddar .
- Brie
- Swiss/Emental
- Havarti
- Mozzarella
- Muenster
- Gruyere
- Parmesan
- Blue Cheese
- Camembert
- Provolone
- Jack Jalapeno
- Cream Cheese
- Feta Cheese
- Goat Cheese

Deli Meats by the lb or kg

- Roast Beef
- Ham Roasted
- Pastrami
- Salami.
- Honey Turkey
- Smoked Turkey
- Bacon Sliced

Deli Salads by the lb or kg

- Chicken Salad
- Potato Salad
- Tuna Salad
- Hummus
- Quinoa Kale
- Spicy Asian Noodle
- Sundried Tomato Pasta
- Quiche Veggie __ Meat
- Rotisserie Chicken

Muffins/Cookies

- Chocolate Chip Cookie
- Carrot/Zucchini Muffin
- Banana Nut Muffin
- Brownie

GROCERIES

Asian

- Curry Paste __ Wasabi
- Rice Wine Vinegar
- Chili Oil __ Sweet Chili Sauce
- Rice Noodles __ Fish Sauce
- Dried Mushroom
- Soy Sauce __ Sesame Oil
- Tofu __ Sushi Rice
- Water chestnuts
- Bamboo Shoots
- Mandarine Oranges

Bakery

- Baguette __ Bagels
- Pita Bread __ Sliced White
- Sliced Wheat
- Tortillas Corn
- Tortilla Flour
- Hot Dog __ Hamburger

Mixes

- Bloody Mary __ Margarita

Canned Vegetables, etc

- Artichoke Marinated
- Black Beans Whole
- Garbanzo Beans
- Hearts of Palm
- Mushrooms
- Whole/Diced Tomatoes
- Tomato Paste __ Sauce
- Tuna Fish

Cereals

- Muesli __ Granola
- Oatmeal Natural

Coffee / Tea

- Coffee Ground 1 lb
- Coffee Whole Bean 1 lb
- Black Tea __ Green Tea

Condiments

- Mayo __ Mustard
- Olive Oil __ Canola Oil
- Vegetable Oil __ Coconut Oil
- Salsa __ Bocas Hot Sauce
- Horseradish __ Ketchup

Crackers/Snacks

- Raw Nuts __ Raw Seeds
- Roasted Nuts
- Roasted Seeds
- Melba Toast __ G/F Crackers
- Flatbread Crackers
- Chips: _____

Dairy

- Butter, Salted __ Unsalted
- Whipping Cream 250 ml/ea.
- Large Eggs dz
- Milk: full __2% __ fat free
- Sour Cream
- Yogurt Plain __ Flavored

Dairy- Non

- Almond Milk 1 L
- Tofutti Sour Cream 8oz.
- Tofutti Cream Cheese 8 oz.

Soups

- Tomato
- Vegetable Stock
- Chicken Stock

Fresh Fruit & Veg

- Apple Cucumber
- Grapes
- Limes Lemons
- Mango ea. (Seasonal)
- Avocado ea. (Seasonal)
- Papaya Pineapple
- Broccoli Carrots
- Cabbage Red Green
- Celery Garlic Bulbs
- Lettuce, Romaine
- Onions, Yellow/Red ea.
- Bell Peppers Potato
- Tomatoes Zucchini
- Mushroom Beetroot
- Kale Spinach Arugula

Fish/Seafood

- Dorado/Mahi Mahi Filet
- Salmon Filet
- Smoked Salmon 3oz
- Tuna Steak Shrimp

Meats- Poultry

- Organic Chicken Whole
- Breast Boneless Skinless
- Thighs Boneless Skinless

Chorizo/Sausage

- Italian Chorizo Picante
- Breakfast Links or patties
- Hot Dogs Beef pkg.
- Ground Pork 1lb
- Ground Turkey 1lb

Meat - Other

- Ground Beef Premium 1lb
- Hamburger
- Pork Filet
- Pork Chops
- Pork Chops Smoked
- Ribeye Steak
- New York Steak
- Filet
- Veggie Burger

Olives/Pickles

- Nicoise Olives
- Kalamata
- Cracked Green Olives
- Stuffed Grape Leaves
- Capers
- Pickles

Pasta & Rice

- Lasagna Farfalle
- Fusilli Spaghetti
- Fettucini G/F Pasta
- Gnochhi Basmati Rice
- White Rice Brown Rice
- Risotto Quinoa
- Couscous

Jams etc.

- Fruit Mermalada
- Peanut Butter Natural
- Almond Butter
- Maple Syrup Honey
- Sugar

Beverages/Juice

- Water .5 lt Gallon
- Canned Sodas: _____
- Tonic 6 pk
- Club Soda 6 pk
- Apple Juice Cranberry
- Pineapple Juice
- Orange Juice Clamato
- Perrier 6 pk
- Pellegrino 6 pk

Beer/Mixed Drinks

- Balboa/Atlas/Panama
- Bocas Ale Amber Wheat
- Red Stripe Blue Moon
- Smirnoff Ice Cuba Libre

Wine/Champagne

Red Wine: Preference

White Wine: Preference

Sparkling Wine Preference

Liquor/Liqueurs

Liquor Specify Preferences:

Liqueurs: Specify Preference

WE ATTEMPT TO PROVIDE

only the freshest possible ingredients. If an item is not included in your order, it is more than likely temporarily out of stock or does not meet our standards.